



# THE UNIVERSITY *of* EDINBURGH

## Edinburgh Award (BioPALS)

This award is given to students in the School of Biological Sciences whom the University has recognised for actively working to maximise their impact and excel as a peer-assisted learning facilitator. These students have volunteered to use their academic experiences to facilitate discussions and sessions that enable early-year students to think more deeply about their learning and overcome challenges they may be facing.

In successfully completing the Edinburgh Award, these students will have been helped to:

- increase their self-awareness
- make the most of their existing strengths and build new skills/abilities against clear development goals;
- understand the processes involved in having a planned positive impact and strategically working to excel, enabling them to have impact and make a difference whatever situation they are in; and
- look not only at what they have done while working with peers, but also to capitalise on their experiences elsewhere to inform and enhance their role as a PALS facilitator, and vice versa.