

Edinburgh Award (Leadership through Sports Union Volunteering)

This award is given to students within the Sports Union whom the University has recognised for actively working to maximise their impact and excel as a student leader. These students are in Sports Union Club Committee positions, this leadership role involves managing club activities and events throughout the year and acting as a mentor to other students in their clubs.

In successfully completing the Edinburgh Award, these students will have been helped to:

- increase awareness of their strengths;
- make the most of their strengths, identify areas for development, and work on a plan to develop these skills;
- confidently demonstrate what they have to offer to others;
- achieve a positive and lasting impact; and
- look not only at their leadership role, but also to capitalise on their experiences elsewhere to inform and enhance their role as a leader, and vice versa.