



THE UNIVERSITY *of* EDINBURGH

Edinburgh Award (Sports Union: Coaching)

This award is given to students whom the University has recognised for actively working to maximise their impact and excel as Sports Union club coach. These students are in coaching positions within one of the Sports Union's sports clubs, additionally taking on the role of a mentor for students in their clubs.

In successfully completing the Edinburgh Award, these students will have been helped to:

- increase awareness of their strengths;
- make the most of their strengths, identify areas for development, and work on a plan to develop these skills;
- confidently demonstrate what they have to offer to others;
- achieve a positive and lasting impact; and
- look not only at their coaching role, but also to capitalise on their experiences elsewhere to inform and enhance their role as a coach, and vice versa.