



THE UNIVERSITY *of* EDINBURGH

Edinburgh Award (Sports Union Volunteers: Leadership)

This Award is given to students within the Sports Union whom the University has recognised for actively working to maximise their impact and excel as a student leader. These students have taken on a leadership role within the Sports Union and through that have supported their peers both within their Sports Clubs and within the Award.

In successfully completing the Edinburgh Award, these students will have been helped to:

- increase their self-awareness;
- make the most of their existing strengths and build new skills/abilities against clear development goals;
- understand the processes involved in having a planned positive impact and strategically working to excel, enabling them to have impact and make a difference whatever situation they are in; and
- look not only at their leadership role, but also to capitalise on their experiences elsewhere to inform and enhance their role as a volunteer, and vice versa.