



THE UNIVERSITY *of* EDINBURGH

Edinburgh Award (Volunteering, including 150 hours volunteered)

This award is given to students whom the University has recognised for actively working to maximise their impact and excel as a volunteer for a local or national charity, community group or student-led volunteering group.

In successfully completing the Edinburgh Award, these students will have been helped to:

- increase their self-awareness;
- make the most of their existing strengths and build new skills/abilities against clear development goals;
- understand the processes involved in having a planned positive impact and strategically working to excel, enabling them to have impact and make a difference whatever situation they are in; and
- look not only at their volunteering, but also to capitalise on their experiences elsewhere to inform and enhance their role as an outreach volunteer, and *vice versa*.