

Exam Number:	Submission 2
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At the beginning of the Edinburgh Award, you chose three skills that you particularly wanted to strengthen. During the Award you’ve also looked at how you can increase the impact you have on others.

Please provide a written account that shows you have been purposeful and reflective in working on your skills and impact.

Your submission will be reviewed by students across the Award who are not involved in the same activity as you so please ensure your reflections can be understood by anyone.

If needed, further guidance, example submissions and the criteria on which submissions are judged are available at: <http://www.ed.ac.uk/edinburgh-award/peer-assessment>

Note: As part of the Edinburgh Award, your submissions will be reviewed by other students and staff, and may be used elsewhere (in part or in whole) – your name will never be attached and only the content you enter will be used.

Instructions

There are four boxes below, one for each of the three skills you wanted to strengthen and one for impact you have had. In each box write about 200 words describing **what progress you have made** (if any), **what steps** you have taken to try to improve this skill and **what you have learned** from your experiences.

Don’t worry if you haven’t made as much progress as you would have liked; your description can include what has limited your progress and if there are different approaches you would take in the future. For example, you may have found that you initially overestimated your ability in one of the skills – that’s OK.

Write so that your text makes sense to someone who has had no connection with your activity.

Skill One:	Project Management
Since Input 2 the my PALS scheme has begun to slow down and there has been much less involvement with students. I attended a few events in order to help but the student run sessions to help first years are no longer running. This has hindered my development in project management however I have had a group project for one of my courses which I have definitely had to build my project management skills in and I feel I have helped my group to organise our project and meetings well.	

Skill Two:	Verbal Communication and Presentation
Since Input 2, the PALS sessions are no longer running however I have seen an improvement in my verbal communication and presentation skills which I developed through being a PAL and the Edinburgh Award when presenting to my class in a group presentation. I was much more confident and relaxed which really helped make my presentation more enjoyable to watch and clearer to understand. I will continue to work on my confidence and the clarity, speed and volume of my verbal communication when presenting.	

Skill Three:	Creativity
<p>Since Input 2 the sessions have ended however for a group project in one of my courses we were not allowed to do a typical presentation, we had to think outside the box. I used my initiative and thought about ways in which a presentation could work in accordance to the topic of the presentation and felt very proud of the outcome. I do not think I would have been as creative with this presentation if I had not built my creativity skills through the Edinburgh Award.</p>	

Impact on others
<p>I believe I have had a positive impact on others. I have helped the first year students whenever possible and given advice when they have needed it. I have also been more confident in my studies.</p>